



Questions and Answers

1. **Why should I test my household?**

A: Routine, voluntary testing at home will help prevent transmission and help keep your home, workplace, schools and communities safe. It is important that this test be done for your own health as well as to put in safety measures to keep your family safe from further spread.

2. **Who can I test?**

A: The testing kits are to be used for testing each member of your household who do not have any COVID-19 related symptoms.

3. **How long does it take for testing results?**

A: The self-test takes approximately 15 minutes to produce an easy to read result.

4. **How often should we test?**

A: The Saskatchewan Health Authority (SHA) recommends self-testing each member of the household one to two times per week.

5. **Are these tests safe?**

A: Yes, the self-test is a gentle swab on the inside of the nose that is easy to perform and completely safe.

6. **Is there a cost for the testing supplies?**

A: No, the self-testing kits are provided at no cost to your household.

7. **What do I do if someone in my household tests positive?**

A: Please call HealthLine 811 to report the positive self-test and arrange for a confirmatory lab PCR test. Next, review the Positive Self-Test Results Guide that is located on the [Government of Saskatchewan's Self-Testing website page](https://www.saskatchewan.ca/government/health-services/COVID-19/self-testing) at [Saskatchewan.ca/covid19-testing](https://www.saskatchewan.ca/covid19-testing).

8. **How do I dispose of the used tests?**

A: You can dispose of the testing supplies in your standard garbage.

9. **Who can we reach out to if we have questions about testing?**

A: You can visit the Government of Saskatchewan's website at [Saskatchewan.ca/covid19-testing](https://www.saskatchewan.ca/covid19-testing).

10. **Can a household pick up more than one kit?**

A: The SHA's recommendation is that individuals may do self-testing one to two times a week. Depending on the size of the individual household and their circumstances, one or two testing kits (5 to 15 tests) can be distributed to an individual.

11. **Where are the self-testing kit pick up locations and stock availability listed?**

A: A list of the self-testing kit pick up locations and self-testing kit stock availability are posted on the [Government of Saskatchewan's Self-Testing website page](https://www.saskatchewan.ca/government/health-services/COVID-19/self-testing). Please check the website for self-testing kit stock availability prior to visiting an SHA COVID-19 Testing Site to make sure kits are available.